

Dolly P. Rojo

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EMPLOYEMENT

- 2023-present **Associate Professor**, Psychology Department
Mount Saint Mary's University in Los Angeles
- Fall 2025 **Lecturer II**, Department of Psychological Sciences
University of San Diego
- 2018 -2023 **Assistant Professor**, Psychology Department
Mount Saint Mary's University in Los Angeles
- Spring 2017 **Instructor**, The University of Texas in Austin
- 2013 - 2018 **Teaching Assistant**, The University of Texas in Austin

EDUCATION

- May 2018 **Ph.D.**, Developmental Psychology, The University of Texas at Austin
Dissertation: *Exposure to Non-English Languages: A Look at Children's Metalinguistic Skills*
Chair: Catharine H. Echols, Co-Chair: Amy E. Booth
- Nov. 2015 **M.A.**, Developmental Psychology, The University of Texas at Austin
Thesis: *Children's Willingness to Accept Labels in Two Languages: The Role of Exposure*
Advisor: Catharine H. Echols
- March 2011 **B.A.**, Psychology, University of California in San Diego

PEER-REVIEWED PUBLICATIONS

* denotes undergraduate student co-author

Rojo, D.P. & Arroyo, E.O.* (in prep). Established Frameworks, New Labels: Rethinking Modern Parenting Styles

Rojo, D.P. & Arroyo, E.O.* (in prep). What is Gentle Parenting? Operationalizing and Exploring Intergenerational Patterns

Rojo, D.P. Cortave, A.*, & Bernal, A.* (in prep.). "I feel like there should be a semi-formal attire or at least not in sweats:" Gender and Attire Effects on Evaluations of College Instructors.

Cortave, A.* & **Rojo, D.P.** (in prep.). Are Forms of Address Impacting Instructor Evaluations? A Fresh Look.

Arroyo, E.O.*, Muñoz, A.P.*, & **Rojo, D.P.** (under review and Preprint on Authorea). Parenting for Autonomy: New Insights into Warmth, Leniency, and Emotion Regulation. <https://doi.org/10.22541/au.175278244.44949360/v1>

Soto, L.* & **Rojo, D.P.** (2022). The role of parent's occupation and education in children's metalinguistic skills. *The Journal of Psychology and the Behavioral Sciences*, 28, 15-24.

Rojo, D.P., Echols, C.H., & Griffin, Z.M. (2022). Can speakers of different languages be saying the same thing? Influences of non-native language exposure and explicit comparison on children's language awareness. *Applied Psycholinguistics*. <https://doi.org/10.1017/S0142716422000248>

Rojo, D.P., & Echols, C.H. (2018). Non-native Language Exposure Promotes Children's Willingness to Accept Labels in Two Languages. *Journal of Cognition and Development*. doi: 10.1080/15248372.2017.1405961

Rojo, D.P., & Echols, C.H. (2017). Accepting labels in two Languages: Relationships with exposure and language awareness. *Cahiers de l'ILOB* (8), 19-35. doi.org/10.18192/olbiwp.v8i0.2115

Creel, S. C., **Rojo, D. P.**, & Paullada, A. N. (2016). Effects of contextual support on preschoolers' accented speech comprehension. *Journal of Experimental Child Psychology*, 146, 156–180. doi:10.1016/j.jecp.2016.01.018

PEER-REVIEWED CONFERENCE PRESENTATIONS

**denotes undergraduate student collaborator*

Arroyo, E.O & **Rojo, D.P.** (under review). *Were Gentle Parents Raised by Gentle Parents? Further Exploring Intergenerational Patterns in Parenting Approaches*. Poster Presentation under review for American Psychological Association (APA) Annual Conference, Washington, DC.

Arroyo, E.O* & **Rojo, D.P.** (2025, May) *Better Understanding Gentle Parenting: Are the Grandparents Motivating this Approach?* Poster Presentation at Western Psychological Association (WPA) Annual Conference, Las Vegas, NV.

Rojo, D.P. (2024, April). *Fostering Student-Professor Collaboration in Course Design*. Poster Presentation at Western Psychological Association (WPA) Annual Conference, San Francisco, CA.

Munoz Constantino, A* & **Rojo, D.P.** (2023, April). *What is Gentle Parenting? Beyond the magazines, blogs, and Google*. Poster Presentation at Society for Research in Child Development (SRCD) Biennial Meeting, Salt Lake City, UT.

Munoz Constantino, A* & **Rojo, D.P.** (2023, April). *Impact of Parenting Style on Children's Autonomy: Accounting for Gentle Parenting*. Poster Presentation at Society for Research in Child Development (SRCD) Biennial Meeting, Salt Lake City, UT.

Roman, Y.* & **Rojo, D.P.** (2022, April). *"It helps me pay more attention than when they're using only scholarly lingo:" The Impact of Instructor's Colloquial Language on Student Evaluations*. Poster Presentation at Western Psychological Association (WPA) Annual Conference, Portland, OR.

Cortave, A.*, Bernal, A.*, & **Rojo, D.P.** (2022, April). *"Instructors should dress modestly and with professional attire, to show respect for their class and workspace:" How College Instructor's Attire*

and Gender Impacts Course Evaluations. Poster Presentation at Western Psychological Association (WPA) Annual Conference, Portland, OR.

Rojo, D.P. & Ream, A.*(2021, April). *Beyond Language Skills, Dual Immersion Schooling May Foster Children's Connection to Culture*. Poster Presentation at Society for Research in Child Development (SRCD) Biennial Meeting, Minneapolis, MN.

Boyer, V.M.* & **Rojo, D.P.** (2020, October). *College instructor perceptions of the use of forms-of-address in the college classroom*. Poster Presentation at Western Psychological Association (WPA) Annual Conference, San Francisco, CA

Ream, A.* & **Rojo, D.P.** (2020, October). *College Student's evaluation of college instructors based on form-of-address*. Poster Presentation at Western Psychological Association (WPA) Annual Conference, San Francisco, CA

Rojo, D.P., & Echols, C.H. (2017, October). *Non-native exposure promotes monolingual children's endorsement of multiple labels*. Poster Presentation at the Cognitive Development Society (CDS) Meeting, Portland, OR.

Rojo, D.P., Echols, C.H., & Griffin, Z. (2017, June). *Natural exposure to non-English languages promotes multilingual awareness*. Poster presented at the International Symposium of Bilingualism, Limerick, Ireland.

Rojo, D.P., & Echols, C.H. (2017, April). *Children's multilingual awareness and the role of exposure*. Poster Presentation at Society for Research in Child Development (SRCD) Biennial Meeting, Austin, TX.

Rojo, D.P., & Echols, C.H. (2016, September). *"She's a bad talker because I can't understand her," an assessment of children's multilingual awareness*. Paper presentation at the 45th Annual Meeting of the Linguistic Association of the Southwest, Austin, TX.

Rojo, D.P., & Echols, C.H. (2016, April). *Accepting labels in two languages: Relationships with exposure and language awareness*. Paper presentation at the CCERBAL meeting on Bilingual from Birth: Process, Pedagogy and Policy, Ottawa, ON, Canada.

Rojo, D.P., & Echols, C.H. (2015, October). *One color for each language: Evidence of language awareness in coloring*. Poster Presentation at the Cognitive Development Society (CDS) Meeting, Columbus, OH.

Rojo, D.P., & Echols, C.H. (2015, March). *Exposure matters: Children's willingness to learn from speakers of familiar and unfamiliar languages*. In Yow, W. Q. (Chair), "Language in the Eye of the Beholder"—Social Preferences in Bilingual Children. Symposium presentation at Society for Research in Child Development (SRCD) Biennial Meeting. Philadelphia, PA.

Rojo, D.P., & Echols, C.H. (2015, March). *Openness to learning from non-native speakers: The role of peers*. Poster Presentation at the Society for Research in Child Development (SRCD) Biennial Meeting, Philadelphia, PA.

Creel, S., **Rojo, D.P.,** & Paullada, N. (2014, November). *In constrained contexts, preschoolers' recognition of accented words is excellent*. Paper presentation at the 39th Annual Boston University Conference on Language Development, Boston, MA.

PEER-REVIEWED PROFESSIONAL DEVELOPMENT PRESENTATIONS

Developmental Science Together: Developmental Science at Non-R1 Institutions (accepted)
Pre-Conference Workshop accepted for 2026 Cognitive Development Society Meeting
Co-organized with Drs. Jennifer Clegg and Dr. Katherine Rice Warnell (Texas State University)

Teaching in Tandem: Enhancing Developmental Psychology Through Co-Instruction. Roundtable
Presentation for Society for Research in Child Development (SRCD) Biennial 2025 Meeting
(Teaching Preconference event), Minneapolis, MN.
Co-led with Dr. Nicole Wen (Brunel University London)

Developmental Science at Non-R1 Institutions: Collaborative Strategies for Success (2024, March)
Pre-Conference Workshop at Cognitive Development Society Meeting
Co-organized with Drs. Jennifer Clegg and Dr. Katherine Rice Warnell (Texas State University)

TEACHING EXPERIENCE

At University of San Diego

Fall 2025 PSYC 314 Child and Adolescent Development (22 students)

At Mount Saint Mary's University in Los Angeles

Summer 2026 PSY 167 Gen Z...or should we call it "The Anxious Generation?"

Spring 2026 PSY 1 Introduction to Psychology
PSY 12 Human lifespan development
PSY 145 Social Psychology
PSY 13 Child Development

Fall 2025 PSY 1 Introduction to Psychology, 2 sections

Spring 2025 PSY 15 Global Lifespan Development (25 students)
PSY 106 Research Methods (24 students)
PSY 106L Research Methods Lab (24 students)

Fall 2024 PSY 1 Introduction to Psychology (3 sections: 12, 22, and 24 students)
PSY 187 Careers in Psychology (25 students)

Summer 2024 PSY 148 Industrial/Organizational Psychology (14 students)

Spring 2024 PSY 1 Introduction to Psychology (22 students)
PSY 13 Child Development (11 students)
PSY 15 Global Perspectives of Human Development (25 students)

Fall 2023 PSY 187 Careers in Psychology (23 students)
PSY 106 Research Methods (22 students)
PSY 106L Research Methods Lab (22 students)

Spring 2023 PSY 13 Child Development (22 students)
PSY 15 Global Perspectives of Human Development (25 students)

Fall 2022 PSY 1 Introduction to Psychology (26 students)
PSY 1 Introduction to Psychology (25 students)
PSY 106 Research Methods (18 students)

	PSY 106L Research Methods Lab (17 students)
Summer 2022	PSY 175 Human Sexuality (21 students)
Spring 2022	PSY 1 Introduction to Psychology (17 students) PSY 13 Child Development (22 students) PSY 15 Global Perspectives of Lifespan Development (8 students) PSY 15 Global Perspectives of Lifespan Development (30 students)
Fall 2021	PSY 1 Introduction to Psychology (29 students) PSY 12 Human/Lifespan Development (27 students) PSY 15 Global Perspectives of Lifespan Development (14 students)
Summer 2021	PSY 175 Human Sexuality (29 students)
Spring 2021	PSY 13 Child Development (16 students) PSY 175 Human Sexuality (11 students)
Fall 2020	PSY 1 Introduction to Psychology (27 students) PSY 15 Global Perspectives of Lifespan Development (12 students) PSY 106 Research Methods Lecture (24 students) PSY 106L Research Methods Lab (24 students)
Summer 2020	PSY 175 Human Sexuality (16 students)
Spring 2020	PSY106 Research Methods Lecture (26 students) PSY106L Research Methods Lab (26 students) PSY 1 Introduction to Psychology (16 students) PSY 13 Child Development (16 students)
Fall 2019	PSY 1 Introduction to Psychology (51 students) PSY 1 Introduction to Psychology (30 students) PSY 1 Introduction to Psychology (24 students) PSY 1 Introduction to Psychology (24 students)
Spring 2019	PSY106 Research Methods Lecture (24 students) PSY106L Research Methods Lab (24 students) PSY 1 Introduction to Psychology (12 students)
Fall 2018	PSY 1 Introduction to Psychology (25 students) PSY106 Research Methods Lecture (18 students) PSY106L Research Methods Lab (18 students)

MENTORSHIP EXPERIENCE

Fall 2025-Spring 2026 **Psy.D. Dissertation Co-Chair** for Eli Elliot, MSMU Psy.D. Program
Dissertation title: *Systematic review of interventions targeting interoception (e.g., HRV biofeedback, paced/diaphragmatic breathing, mindful body-scan, interoceptive exposure, trauma-sensitive yoga) and attentional control (e.g., Attention Training Technique, attention-bias modification, cognitive control/eye-movement training) to reduce dissociation in adults with DID / C-PTSD / PTSD / high dissociation.*

- Fall 2018-present **Primary Investigator**, Little Athenians Lab
Mount Saint Mary's University in Los Angeles
- Supervising five undergraduate research assistants per semester
 - Train students to design original research studies, submit IRB and grant-funding applications, and to collect, analyze, and present data/findings
 - Typically, 2 to 3 students present at one regional or national research conference per year
- Fall 2018-present **Academic Advisor**, Psychology Undergraduate Program (TUG) at MSMU
- Advise 25 to 30 Psychology majors and 10 to 15 Psychology minors in course- and career-planning
 - Meet minimum of once per semester with students and remain available for guidance throughout year
- Summers 2017, '16, & '15 **Graduate Student Mentor**, Summer Undergraduate Research Experience (SURE) Program
- Supervised 1 undergraduate research assistant per summer (3 students total); oversaw their research in psychology and advised on career-planning (e.g., how to apply to graduate programs, career path options, how/who to ask for letters of recommendation)
- Spring 2015 **Graduate Student Mentor**, Latino Student Psychology Association.
The University of Texas at Austin
- Supervised 2 undergraduate psychology majors pursuing career in psychology; advised on career-planning and helped with graduate school application materials
- Springs 2015 & 2017 **Graduate Student Mentor**, Kuhl Intellectual Entrepreneurship
Graduate School Internship, The University of Texas at Austin
- Mentored 1 undergraduate psychology major pursuing career in psychology, per Spring (2 students total); advised on career planning and helped with graduate school application materials
- Fall 2015 **Graduate Student Mentor**, McNair Scholars Program,
St. Edwards University
- Mentored 2 undergraduate psychology majors pursuing career in psychology; advised on career planning and helped with graduate school application materials
- Spring 2015 **Academic Mentor**, Athletics Department
The University of Texas at Austin
- Tutored and mentored 4 undergraduate athletes

HONORS AND CERTIFICATIONS

- 2018 Janet T. Spence Teaching Award for Assistant Instructor, The University of Texas at Austin
- 2016 & '17 Nomination: Outstanding Teaching Assistant, The University of Texas at Austin
- 2016 Inclusive Classrooms, Leadership Certificate, The University of Texas at Austin

2015 Honorable Mention, Ford Fellowship Foundation

RECENT PEER-REVIEWED GRANTS AND AWARDS

2025 Professional Development Grant to fund research, Mount Saint Mary's University in Los Angeles: \$600
2024 Professional Development Grant to fund research travels, Mount Saint Mary's University in Los Angeles: \$2,654
2023 Professional Development Grant to fund research, Mount Saint Mary's University in Los Angeles: \$1,200
2022 Professional Development Grant to fund research, Mount Saint Mary's University in Los Angeles: \$267
2020 Professional Development Grant to fund research, Mount Saint Mary's University in Los Angeles: \$609

FELLOWSHIPS

2017 & 2015 Diversity Fellowship Award, *Funded by NSF*, Cognitive Development Society: total \$1,050
2013 Graduate Studies Recruitment Fellowship: \$20,000

DEPARTMENT AND UNIVERSITY SERVICE AT MOUNT SAINT MARY'S UNIVERSITY

Fall 2025-Spring 2026 **Psy.D. Dissertation Co-Chair** for Eli Elliot, MSMU Psy.D. Program

Fall 2023-Spring 2026 **Chair**, Faculty Status Teaching Observation Committee

Fall 2023-Spring 2026 **Member**, Faculty Policy Committee

Fall 2021-Spring 2023 **Member**, Academic Freedom Committee

Fall 2020 –Spring 2023 **Chair**, TA and RA Contracts Task Force

- Initiative by 5 department faculty members to streamline hiring process for departmental teaching and research assistants, develop instructor-TA contract, and define duties for these roles

Fall 2019-Fall 2023 **Member**, Faculty Status Teaching Observation Committee

- Observe and report objective teaching observations (for use of promotion, tenure, or tenure-track evaluation); 1-3 observations per year

Fall 2019-Spring 2021 **Member**, Internal Grants Committee

- Peer-review faculty grants, determine allocation of funds for professional development and scholarship

Fall 2018, Spring 2019, & Fall 2021 **Member**, Course development subcommittees, Department of Psychology

- Along with 2 other Psychology faculty members, developed new lifespan course that serves Global component of general studies requirements at MSMU
- Along with 1 other Psychology faculty member, developed new Introduction to Psychology course serves Community component of general studies requirements at MSMU

- Along with 3 other Psychology faculty members, designed course guide for PSY 1, PSY 12, and PSY 13, for future instructors

Fall 2018-
Summer 2021

Faculty Supervisor, Psychology Club at Mount Saint Mary’s University in Los Angeles

- Organized club meetings, coordinated events (along with undergraduate executive board members), spoke at advising session events, evaluated executive board member submissions, and administrative tasks in coordination with MSMU

Spring 2019

Faculty Representative, “Exploration is Sweet” Recruitment Event at Chalon Campus

- Independently represented Psychology department; answered questions to students interested in majoring or minoring in Psychology

RECENT INVITED TALKS

Fall 2023, 2024, &
2025

“Quantitative Research Methods” and “Item and Cluster Analyses”
Guest Lectures for MSMU PsyD Program Research Methods course

Two times per year
since Fall 2018

“Academic Advising: Course- and Career-Planning in Psychology”
Psychology Club at Chalon Campus, Mount Saint Mary’s University
in Los Angeles

PROFESSIONAL AFFILIATIONS

Summer 2019-present

Campus Representative for Mount Saint Mary’s University, Western
Psychological Association (WPA)

PEER-REVIEWED MANUSCRIPTS FOR THE FOLLOWING JOURNALS:

International Journal of Bilingualism
Languages

PROFESSIONAL MEMBER SINCE 2013

Society for Research in Child Development
Society for Research in Child Development Latinx Caucus
Society for Research in Human Development
Cognitive Development Society
American Psychological Association

REFERENCES AVAILABLE UPON REQUEST